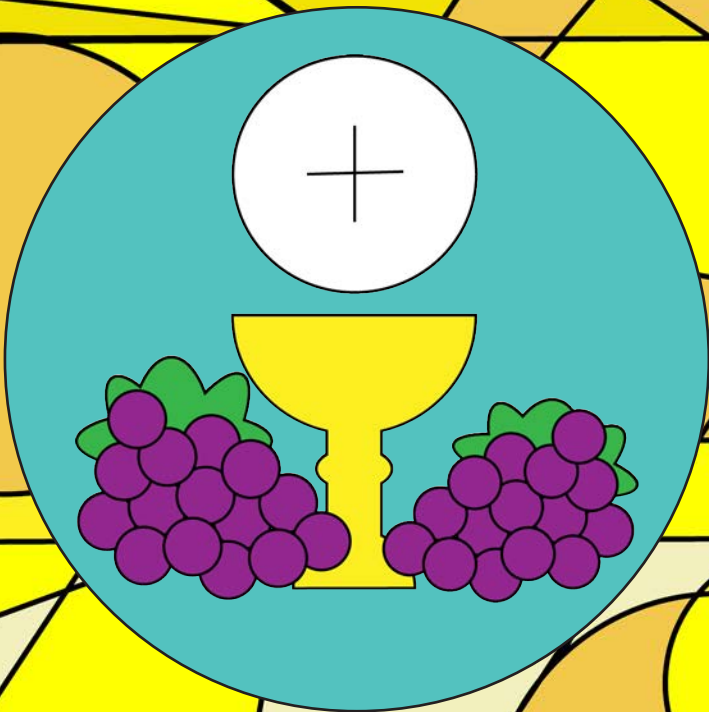


SAINT SAYINGS
About
The Eucharist

A Picture Book for Catholic Kids

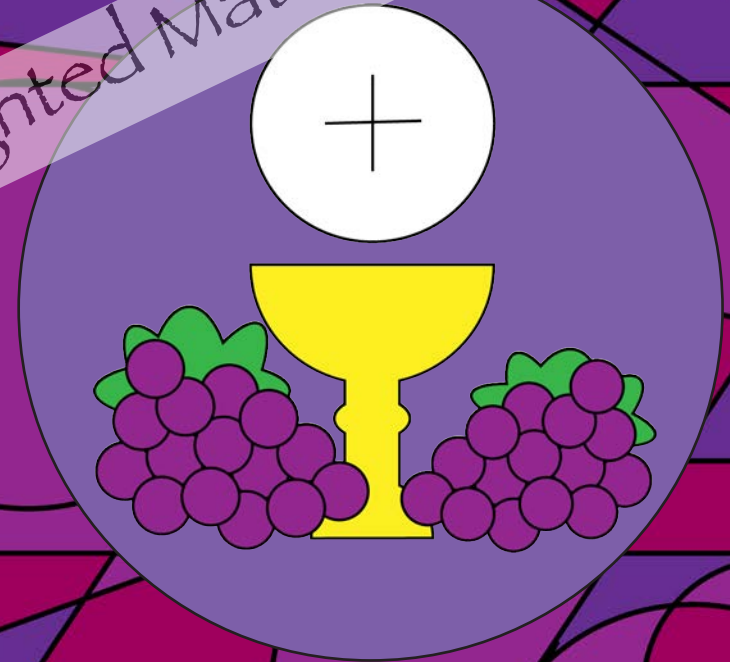


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SAINT SAYINGS

About
The Eucharist

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For Beckett, in celebration of your
First Holy Communion.
I am so proud of you, and I will always
love you more than the world.
~Mom

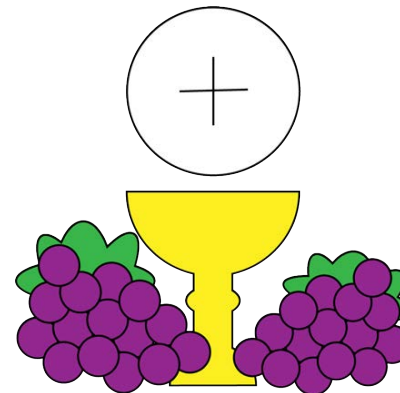
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A Gift For:



John 6:53-58

“This supernatural bread and this
consecrated chalice are for the
health and salvation of mankind.”

St. Cyprian of Carthage
210 - 258



“Since Christ Himself has said,
'This is My Body,' who shall dare
to doubt that it is His Body?”

St Cyril of Jerusalem
313 - 386



“What you see is the bread and the chalice; that is what your own eyes report to you. But what your faith obliges you to accept is that the bread is the body of Christ, and the chalice is the blood of Christ.”

St. Augustine of Hippo

354-430

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Sample Pages



“The effect of our sharing in the
body and blood of Christ is to
change us into what we receive.”

Pope St. Leo the Great
400 - 461





“O sublime humility! O humble sublimity! That the Lord of the whole universe, God and the Son of God, should humble Himself like this and hide under the form of a little bread, for our salvation.”

St. Francis of Assisi

1181-1226



“There is nothing so great as the Eucharist. If God had something more precious, He would have given it to us.”

St. John Vianney
1786-1859

